



About

We believe that creating a healthy mind, body and spirit, gives all people the best possible chance at reducing the anxiety that often accompanies the diagnosis of cancer.

We do not administer treatments, promise radical cures or prescribe one particular regime for all. We are a complement, not a substitute to your choice of diagnosis and treatment.

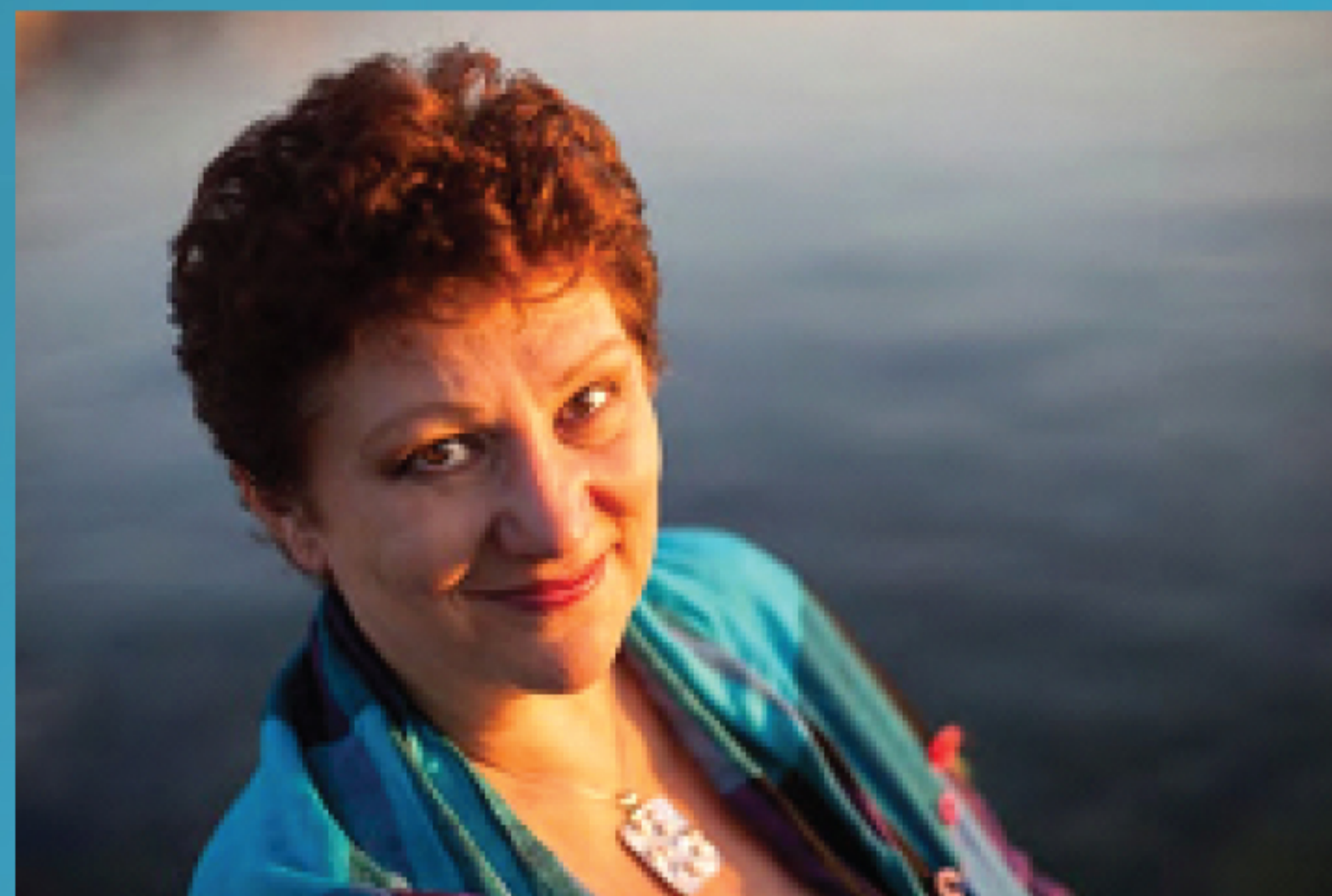
What we do is:

- support the journey of cancer diagnosed patients
- support and facilitate their emotional and mental transformation
- present a range of lifestyle changes that people might like to adopt to improve their quality of life and health
- support them as they make their changes
- support their supporters and carers
- support survivors in healing their emotional traumas from the past experience
- support all approaches that are supporting physical, emotional, mental and spiritual being

In serving our clients well, we are very open to working with and explaining our approach with their health advisors.

Meet Jasmina

Jasmina Kovacev, BSc Phyto Med, Dip. Materia Medica, EFT expert and international Master trainer, NLP Master, Life Coach, Meta Medicine Coach and META-Health Master Practitioner and Trainer, utilises an extensive background of over 30 different modalities. She is the creator of the Round Rainbow™ series of trainings for wholeness of being. Her passion is to find the key essence of human performance, potential and health. Jasmina focuses on the key factors of emotional and mental being which create our health and life.



Retreat is facilitated by Jasmina Kovacev, BSc supported by other practitioners where required
jasmina@ichooseliving.co.nz

I Choose Living Cancer Retreat

The retreat caters for 12 – 20 attendees.

When: 22 to 29 March 2016

Where: Aio Wira Retreat, Auckland,
New Zealand

Booking: www.ichooseliving.co.nz/cancer_retreat/
OR phone +64 (0)4 565 3888

Enquiries: +64 (0)4 565 3888

Schedule your free consultation



**i Choose
Living**



Cancer Retreat

Emotional healing and beyond

**Proven program to make a
significant difference for
people affected by cancer**

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Benefits

In this unique RETREAT experience, you will:

- experience powerful transformation by
 - leaving many fears, worries and other cancer related feelings behind
 - learning how emotions and beliefs affect your health
 - finding and experiencing acceptance
- learn the most likely emotional reason for your initial problem
- learn essential coping skills in everyday life that will protect you from further impacts of your environment, ultimately leading to higher resiliency
- discover an attitude that will serve you in a supportive way
- at the same time your body will be nurtured with healthy foods that supports your healing



Our Mission

Our mission in the I Choose Living Retreat is to provide participants with education, transformative experiences, inspiration and motivation in identifying and nurturing conditions for the body, mind and soul that **gives the best chance for the body to activate self-healing** abilities. It will enable you to live a normal life as much as possible with the given diagnosis.

This program has proven to make a difference for people affected by cancer at an emotional, mental, and energy level. This will give them the best chance for survival, getting back on track or enjoying the rest of their life. It uses the latest transformational tools, ideas and information in a nurturing environment.

Attendee's Testimonials

"I feel lighter, brighter, more energy. I feel quite transformed, that the disease can hardly recognize me really, because I feel empowered to move forward so, I feel for me, its huge."

"I came here with an openness to possibility, you know that things could change. But in my wildest dreams I probably didn't think it would be as spectacular as its been for me. What it feels like, is that I took off a particular pair of glasses and I put on a different pair of glasses with completely different coloured lenses. And so now I can see the future, without the cloudiness of the past."

"Diagnosis of breast cancer was terrifying. Working with Jasmina helped me to overcome trauma of diagnosis, emotional causes of cancer and address many other areas. 3 months after diagnosis, MRI indicated only a small benign tumour that looked like totally different than initial one."

"I feel like I've vacuumed myself and I've cleared a lot of stuff to get back to kind of, more me, more of my essence, I was feeling quite sort of down. I feel like I can fully support myself. In a way, this experience is hard to explain as it feels like explaining unexplainable."

Why a cancer retreat?

The word cancer creates worries, fears, even panic among those who are diagnosed.

The shock of diagnosis can be as threatening as the diagnosis itself. Stories that one hears and reads about are often discouraging, at times devastating.

Even the conservative American Medical Association accepts that 85% of all health issues start at the emotional level. Some health experts believe that it is even higher and that at least 95% of health issues start at the emotional level.

Newer approaches to supporting people affected by cancer are often related to diet. Not much attention is given to the emotional and mental support around healing.

Medicine and diet have an important place, but without resolving the causative conflict, without emotional peace and a positive attitude, we cannot bring balance back to the body.

When we resolve the emotional conflict and we bring balance back to the emotional and mental levels of our being, coupled with some basic dietary and life style changes, we can create the conditions for healing.

THIS RETREAT MIGHT BE THE BREAKTHROUGH YOU'VE BEEN LOOKING FOR.

